



Week #3 (September 27, 2020) - "Being the Safe Harbor" Psalm 62

1. Look at the last week. Reflect on all that has happened to you. Share with the group one high point and one low point.
2. Read the entire Psalm at least twice out loud. If you can, read it from different translations. Listen for words that resonate with you. Words that affirm who you think God is. What sticks out to you as you listen?
3. Did you notice that verses 1-2 and 5-6 basically say about the same thing? Why do you think the writer repeated those phrases / thoughts?
4. If you were a ship being brought into the harbor to be worked on, what do you think God would want to work on in your life?
5. As we make a transition to thinking about what it means to be a safe harbor for others, what do you think that looks like in your life?
6. Who are the people that are the safe harbors for you? Why do you go to those specific people for refuge and replenishment?
7. In these difficult times, are there more or fewer people turning to their faith as a means of refuge and strength? Why or why not? What keeps people from turning to God? How might you help others see God as their refuge?
8. Spend some time with your group praying for one another. Be courageous and ask how you think others can be praying for you in where you are in life. Be aware that many times we spend quite a bit of time sharing prayer requests and then spend minimal amounts of time actually praying. Try and share and then leave plenty of time to pray.
9. Pastor Keenan would love to stop in and say hi to your group, if the group agrees that it would be ok for this to happen, appoint someone in the group to email Keenan (KeenanB@MPCLife.org) and invite him to come.